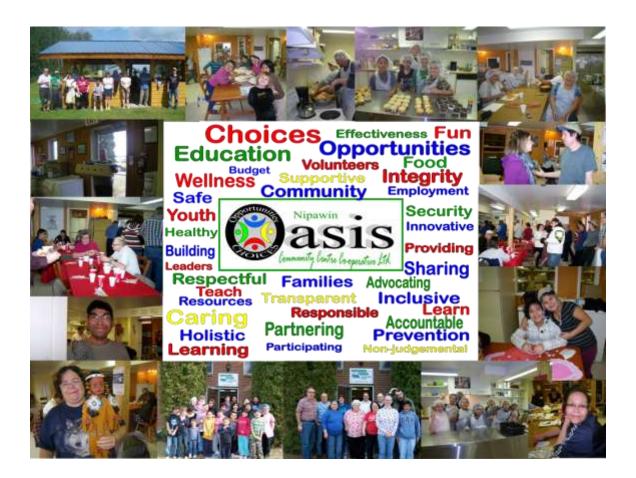
# NIPAWIN OASIS COMMUNITY CENTRE

# **CO-OPERATVE LTD.**

# 2011-2012 ANNUAL REPORT





## **PROFILE OF THE OASIS**

2011-2012

Annual Report

Report to the 20<sup>th</sup> Annual Meeting of the Nipawin Oasis Community Centre Co-operative Ltd.

The Community Centre serves as a human services centre providing programming and services with a primary benefit to the public and the general well-being of the community of Nipawin and to the Northeast Region in the Province of Saskatchewan. It helps approximately 200 families in the Nipawin and area through numerous programming and employment opportunities and support groups.

The Centre has three primary areas that include a variety of health, and social programs and advocacy.

The Centre operates its activities and conducts its affairs under the **Co-operatives**, **1996** Act and is registered with the Saskatchewan Ministry of Justice with the **Corporation Branch**. The Community Centre is also registered with the Government of Canada with the Canada Revenue Agency as a **registered charity**. There are no dividends or interest on share capital to the members or patrons and no part of the surplus is to benefit the members or patrons.

The Board of Directors serve in a solely volunteer capacity of the Co-operative and are elected from the membership. In the past, the board employed a Chief Executive Officer and together they would meet to review the Co-operative mission and objectives and identify potential risks and opportunities in consultation with stakeholders; however, the upcoming year will be managed by the Board of Directors. The direction determined guides the operations of programs and services in the development of plans and annual goals. The Board of Directors meet on a monthly basis along with holding monthly Executive meetings to review the progress of the operation in achieving program and service goals along with the monthly financial review.

The Nipawin Oasis Co-operative Community Centre adopted the Canadian Center for Philanthropy's Ethical Fundraising and Financial Accountability Code as its policy (October 2002).

The Nipawin Oasis Community Centre Co-operative Limited was incorporated in 1992.

# **TABLE OF CONTENTS**

**BOARD REPORT** 

**MISSION STATEMENT** 

**OPERATION OVERVIEW OF PROGRAMS** 

FUND DEVELOPMENT

SIGNIFICANT ACHIEVEMENT 2011-2012

### **BOARD REPORT**

I would like to welcome you to the Nipawin Oasis Community Centre and thank you for attending our 20<sup>th</sup> year AGM. The Nipawin Oasis Centre provides support for individuals and families with low incomes, disabilities, and to those facing multiple barriers, and to provide support to help them contribute to our community.

I would like to start our 20<sup>th</sup> AGM meeting saying – the Nipawin Oasis Community Centre will be operating for the 2012 – 2013 season. Although we have run into some financial problems over the past few months, we certainly have no plans for closure. In order for the Oasis Centre to continue operating, the Board had to make some major restructuring changes with the main one being no CEO position. The Board will become more of the management Board – taking on the roles of a CEO. The main reason for this is funders see the salary of the CEO as core funding. Funders will provide funding for programs, front line staff, and over head expenses and not management salary. This change will add additional workloads for Board members, but I feel we have a very strong Board, and they understand what this means and are willing to put extra time in. I have talked to other agencies that have CEO/Managing Director in which do similar work as us, however they receive a much larger budget, therefore they can pay for a CEO position through admin fees. In the past, our budget has been between \$300,000 and \$400,000 which generates approximately \$45,000 to \$60,000 admin/rent revenue of which pays a portion of the bookkeeper salary and facility costs.

So as a result of this, we will need more Board members to help with the work load and we will be looking for more Board members today. We are looking for those who are interested in the work Oasis does, and who are willing to volunteer some of their time to help people in our community.

Currently we have a contract (memo of understanding) with KTHR on a monthly basis. We have an agreement with CanSask for a Workforce Development Program which is in the process of being signed. I am expecting funding from a Nutrition Program and have been discussing funding with the Ministry of Social Services as well. We are also currently working on a Literacy Proposal for the upcoming year.

The Taxi will continue to operate, but we are discussing alternative ways to pay its way.

The Boards goal is to have funding dollars pay a program expense which includes facility expenses. Donations and fundraising will go directly into a reserve fund, unless they are targets for a specific program.

Gary Shcenstead Oasis President



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# **Our Mission**

We are a Community Resource Co-operative Centre that provides advocacy, prevention, and educational community based programming to improve the social and economic needs of the Nipawin Community and area.

# **Our Vision**

Our Centre will be a place where people care, belong, and get involved. Our Vision is to be one of the leaders in building an inclusive, supportive, safe and healthy community.

aring

Box 3146

Creating a culture that is inclusive, supportive, non-judgemental and respectful

# St1C

Promoting wellness for the well-being of individuals, families and community

portunity

Innovative in providing and advocating for opportunities, equitable and accessible resources and services

Committed to being accountable, transparent and responsible in

our activities

ommunity

Participating and Partnering for a better community

# tectiveness

Striving to be effective in providing programs that meet the needs of the community

decurity Valuing a safe, respectful, caring and supportive environment at the Centre and in our community

## **OPERATION OVERVIEW OF PROGRAMS**

#### **Mental Health Support Program**

The Co-operative continued to provide support for people diagnosed with schizophrenia, depression, bipolar disorder and other chronic mental health problems through the COPE self-support program. Twice each week the group would meet with the Oasis Outreach Worker, Volunteers and the Mental Health Nurse to carry out the various social and recreation activities. Some of the activities were games, travel videos, boating, drawing, dancing, ice fishing, fundraising at the Spring and Fall Flea markets. In addition, the program provides vocational work opportunities, home support, birthday recognition and advocacy work. The Co-operative provided regional support in organizing the adult summer camp for the Kelsey Trail and Prince Albert/Parkland Health Regions including a Christmas Social.

We average approximately 22 people per meeting but our average is slowing inclining. Outdoor activities include organized walk around town and picnics at the park. Our participants have the opportunity to go swimming and have lunch in Melfort. Below is a list of Program Activities:

Country Music Christmas Concert	Swimming in Melfort
Christmas Dinner by Kaminskies	CNIB Rep from Saskatoon
Christmas Party	Monthly Birthday Parties
Fowl supper at the Oasis Centre	Ice Fishing and lunch at Tobin Lake
Trip to Torch Trail fowl supper	Halloween Party
Clean up at Tobin Lake & wiener roast	Valentines Day Party
Bingo	Bowling then lunch at Gieni's
Presentations by KTHR	Thanksgiving Lunch
Presentations by First Nations Elder	Torch Trail Camp
Two lunches a month	Hockey
Card games	Exercise sessions once a month
Board games	Coffee and socializing

#### COPE CAMP:

The last few years Camp has been at Torch Trail Bible Camp, south of Choiceland. We have 61 clients who stay overnight for the week and up to 85 clients during the day. The camp supplies all meals and accommodations as well as horseback rides in the corals, trail rides, canoeing, archery, pellet gun targets, horse shoes, trail walks, swimming in the pool, tennis and basketball. We provide arts and crafts, hayrides, bingo, and camp fire in the evenings. We supply treats, drinks including coffee, and meals.

#### **VOLUNTEER PROGRAM:**

We have 8 volunteers that are currently helping with the Mental Health Program. Each one must have an understanding about Mental Health. Our Mental Health worker meets with the volunteer group once a month where monthly activities are scheduled. The volunteers assist at our special functional and help with meal prep, serving food and clean up. Some of the volunteers play instruments and provide many music sessions for the group. They also advocate for our clients when needed, help them in anyways possible and the Oasis Centre is also fortunate to have many donations towards this program and our participants.

Thank you to all the volunteers but especially Reuben and Mary Boschman!

#### **Collective Kitchens**

#### Youth Kitchens program – September 2011 – March 2012

This program was run in conjunction with the Oasis Youth Groups which ran twice a week for 2.5 hours a day and was offered to children in elementary and junior high. During this program children and youth were taught proper food preparation, how to cook simple, nutritious meals and snacks, nutritional education, safe food handling skills and kitchen cleanliness. 41 children and youth utilized this program and were given the opportunity to make enough meals to bring home to parents.

#### Adult & Family Kitchens – September 2011 – May 2012

This program was run in conjunction with the Aboriginal Healing Circle. Hours of operation were once a week for 4 hours. During this program adults were taught proper food preparation, how to cook simple, nutritious meals and snacks, nutritional education, safe food handling skills and kitchen cleanliness. Approximately 24 adults utilized this program and were given the opportunity to make enough meals to bring home to their family. Due to lack of finances this program discontinued on May 29<sup>th</sup>.

#### Grocery Club – April – October 2011

Each month the Oasis Community Centre provided the opportunity for people to purchase groceries in bulk and at a discounted price. This program was to help participants purchase healthy food at an affordable price. However, due to financial issues this program was discontinued in October 2011.

### **Culture Programs**

**Nipawin Oasis Oskayak Youth Groups** – SaskCulture, Ministry of Education, Town of Nipawin and Lakeland District for Sport, Culture and Recreation.

#### **Objectives of group: Culture, Caring, Relationships, Action, Food and Fun (CCRAFF)**

"Tell me – and I will forget, Show me – and I will remember, Involve me – and I will understand" "We won't do anything for you – without you"

In the fall of 2010, a community-based program for vulnerable and at risk First Nation and Metis girls called the "Oasis Oskayak Girls Group" was formed at the Nipawin Oasis Community Centre. There are

41 girls and young women from ages 5 - 21 that are either in the group or receive support in some way. Elders, volunteers and family members of the girls played a large role in making this program successful.

In the fall of 2011, due to the limited financial resources we were only able to offer the girl's group to girls in grades 4, 5, 6 and the junior high school for an average of 22 girls. Due to the high attendance in the spring of 2011 we split into 2 separate groups (Wagner and LP Miller groups) meeting every other week. It was decided that once every two weeks was not enough so in the fall of 2011 we offered the program once a week for each group with extra activities and bridging to Air Cadets when volunteers were available.

Nipawin is located in the Northeast sector of the province and the girls are living in Nipawin but the majority is from the First Nation communities of Red Earth, Shoal Lake, Cumberland House, and Montreal Lake. The Oasis Oskayak Girls Program focuses on:

Healthy Active Lifestyle	Prevention of Drug, Alcohol and Substance Abuse
Nutrition	Parenting Skills
Community Involvement	Building Personal Growth
Aboriginal Culture	Exploring Career Choices
Academic achievement	Having Fun and Enjoying Life
Increasing Employment Skills	Enhancing Mental Health
Health Promotion	Safety and Security
Creativity	Engaging Volunteers
Bridge to Community Programs	Fundraising

#### Few of the Highlights

**Educational Tours/Workshops and guest speaker** –FASD Awareness, Aboriginal Awareness with Dearld Whitecap, and a Self Esteem Building Workshop. The girls youth group also attended National Aboriginal Days in Regina in June 2011 where they participated in a Lacrosse Workshop, Team Building exercises and listened to presentations from Aboriginal Role Models. In July they went to Prince Albert to spend the day at the waterslides. They also went to the Royal Saskatchewan Museum, Science Centre and the IMAX Theater and went to a Much Music Youth Dance to celebrate National Aboriginal Day. In January, we took the youth group to Melfort for a swimming and skating day.

#### Zumba Course 8 weeks – February to March 2012

Nurse Practitioner and Community Wellness Worker facilitated a Zumba program once a week for 7 weeks to the LP Miller Youth Group. This program provided a light work-out, learned about muscles and proper stretching. On the 8<sup>th</sup> week, we partnered, to offer a Girls Night Out Event for those that participated in the 8 week program. It consisted of a fancy dinner with salad, raspberry punch and a cake. Discussion and demonstration on proper foot care was done where each girl received a foot scrub. After the foot scrub and clean up, each girl received a gift bag with personal hygiene products to show

appreciation to them. Special thanks to the Nurse Practitioner and Community Wellness Worker for helping make this a very successful 8 weeks!

March 22, 2012 Oskayak girls groups were stopped due to lack of financial resources.

Over the winter months a Boys Youth Group was developed by using the same model and structure as the Oskayak Girls Youth Group. This program began in April and ran until mid March. This program was also targeted to grades 4 to 12. During this short time we utilized the Oasis Elders to do some traditional teachings, took them ice fishing, and did team building exercises, arts and crafts and utililized the kitchen. There were over 20 boys and young men who took advantage of the program but unfortunately due to financial reason this program was discontinued.

**Aboriginal Healing Circle**-This program began in September 2011, it was held once a week, and was facilitated by the Oasis First Nations Elder. The healing circle is a talking circle with the intention of specifically addressing or healing an individual or individuals. Each week was a different topics and/or theme that was addressed to help with personal healing and growth. Some examples of the topics were Indian Residential Schools (various types of abuse), Parenting skills and support, Living with Racism, Self-Esteem Building, Healthy Relationships and Traditional Teachings. This program was spoken in Cree but was translated to English if needed.

#### Highlights:

#### Visit to Prince Albert

- update Treaty cards
- Visit and Toured First Nations University
- Met Prince Albert Grand Council members

#### Visit to Kinistin First Nation

- Participated in various Healing and Wellness Workshops
- Toured the Wellness Centre

## Art with Kevin Peeace – February 2012

We received a grant of \$7,500 from the Saskatchewan Arts Board (Creative Partnerships Explorations Grant) to form a partnership with a Saskatchewan artist in order to collaboratively explore, assess and plan for cultural and creative opportunities. This grant is a first step for a community or organization wanting to assess needs and plan for cultural development. One of the ways we utilized Peeace is to use his artistic talent to work with our cultural programs – Healing Circle and Youth Groups. Kevin also did work with classrooms at Central Park and Wagner.

## **Workforce Development Program**

This program was facilitated by the Oasis Métis Elder/Workforce Development Coordinator with assistance from other staff members. This position assists participants with housing issues, obtaining proper ID to enter the workforce, job searches, volunteer opportunities, resume writing, interview preparation and workplace literacy – safety training, communication skills, job readiness, time management, budgeting, reading, comprehension, handling money, public relations, community inclusion and visibility, self esteem and confidence, body language, proper attire, WHMIS, . It also provides assistance with understanding court charges, establish plans and goals for issues with addiction, work one on one to improve self esteem and build confidence, help participants access existing community resources and provide assistance with educational plans.

Through this program the Oasis Centre was fortunate to offer professional development programs such as Driver Training and Safe Food Handling where literacy assistance was provided by staff and volunteers to ensure successful delivery.

The Workforce Development programs ran from April 2011 – March 2012. These programs served approximately 35 people, all who participated to enhance their workforce skills and get an opportunity to develop relationship with businesses. It provided opportunities to explore the workforce, in Nipawin and surrounding areas, by doing light labor work in our Janitorial, Odd Job Squad and Green Team. The Co-operative provides an important gateway for individuals who face multiple barriers that prevent them from obtaining employment or returning to school – these programs gave those individuals the opportunity to find casual employment and seasonal work.

## **Transportation Services**

The Nipawin Oasis Community Centre provides taxi services Monday to Friday 8am to 5pm. Seniors and people with disabilities are those who utilize this service the most, however; taxi is available for all residents of Nipawin and surrounding areas. We also offer taxi services outside of regular hours but needs to be pre-booked with the Transportation Coordinator. Prepaid punch cards can also be purchased for 5 or 10 trips at a time and used for pick-ups. Our transportation services work with Handi Works, Health Canada and Social Services by providing transportation for their clients to attend scheduled appointments, programs and/or events that benefit their health and well being.

Transportation stats for April 2011 – March 2012: Number of Pick-Ups: 3391 Number of Fares Paid: 2619 Number of Charges: 454 Number of Punch Cards: 279

## **Volunteer Program**

Attached is the Nipawin Oasis Community Centre's Volunteer Form that has to be filled out for those interested in volunteering for the programs that are/will be offered. A Volunteer Manual has been developed and is waiting for Board approval. Below is the Table of Contents:

Nipawin Oasis Community Centre Co-operative Table of Contents - Volunteer Manual

- 1. Welcome Letter
- 2. Mission, Vision, Values CHOICES, Goals
- 3. Background/History Information
- 4. Volunteer Policy
- 5. Confidentiality Policy and Form
- 6. Mental Health Support Group COPE
  - 6.1 Information Volunteer
  - 6.2 History of COPE
  - 6.3 Guidelines
  - 6.4 About Mental Illness
  - 6.5 Summation
- 7. Emergency Procedures
- 8. Harassment Policy
- 9. Violence Policy
- 10. Working with Children Policy
- 11. Police of Record Check Policy and Form
- 12. Code of Ethics Policy and Form
- 13. Transportation Policy
- 14. Blood Borne Pathogens Policy
- 15. Smoking Scent Policy
- 16. Contact List
- 17. Volunteer Form

#### **Fund Development**

The Board of Directors through our membership would like thank our financial partners and the community at large for the generous donations. All gifts large and small have been gratefully accepted and appreciated. The following is recognition of our Financial Partners:

Government of Saskatchewan (Ministries of Education, Social Services, Advance Education Employment and Labour)

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Town of Nipawin	Kelsey Trail Health Region
Community Initiatives Fund	Prince Albert/Parkland Health Region
Saskatchewan Lotteries	Bank of Nova Scotia
Diamond North Credit Union	Pineland Co-operative Association Ltd
Save- U – IGA	Flowers and Things
Lakeland District for Sport, Culture and Recreation	Nipawin and District Donor Choice
Knights of Columbus	Nipawin Senior Citizen Centre

Nipawin and District Services to the Handicapped Gieni's Restaurant East Side Limb Village of Tobin Lake Nipawin Apostolic Church Hazel and Rodney Peterson Norman and Joanne Thomson Emerson Tornquist Nipawin Metis Local Ward Wood North East School Division SaskCulture Nipawin Evergreen Centre Northeast Country Music Association CJNE Radio Nipawin Elks Aylsham Memorial Church Chris Hudyma Nipawin Fiddling Contest Valerie Mushinski John Sinclair Independent Church Group Sask. Arts Board Joyce Christiansen

Businesses of Nipawin (work sites and fundraising donations) And the many friends of the Oasis Community Centre Co-operative Ltd

#### Summary of Yearly Activities 2011-2012

**Spring Flea Market Relay for Life Aboriginal Awareness Workshop Cope Camp Fall Festival** Lindsay Knight and Joseph Naytowhow concert FASD Workshop **Country Christmas Concert COPE Christmas Supper** Winter Sleigh Rides **Collective Kitchens and Youth Kitchens Christmas Dinner/Party Christmas Friendship Dinner at Oasis Art with Kevin Peeace Friendship Dinners** Oasis Ice Fishing Trip – Participant, COPE Group, Healing Circle, Boys and Girls Youth Groups – March (Four days)

In June 2012, 8 girls, that are 16 and over along with 7 women from their families, will be partnering with SaskWITT (SaskWomen in Trades and Technology) to work on the Habitat home that is being built in Nipawin.

#### Significant Achievements over the years

20 years of operation providing programs and services in our community

We are one of the largest employers creating employment opportunities for under represented populations including persons with disabilities, First Nations and Métis.

Over 20 locations and in Nipawin provided employment opportunities for participants at the Co-operative.

The only Community Based Organization in the province to provide an adult camp for individuals diagnosed with chronic mental illness.

One of the most diversified Community Based Organizations in the Northeast providing a variety of programs and services.

Case Management work involved working with over 100 individuals in vulnerable situations.

Recognized Service Provider with the Government of Saskatchewan and the Government of Canada

Recognized by the United Nation for community development work.

	\$	\$	
	2012	2011	
ENUES			
CanSask Grant (Schedule 1)	110,199	103,649	
KTHR Mental Health (Schedule 2)	60,530	60,848	
Nutrition Programs (Schedule 3)	30,775	30,320	
Grants (Schedule 4)	48,507		
Oasis Employment Program (Schedule 5)	111,351	123,209	
General (Schedule 6)	48,724	26,938	
Grocery Club (Schedule 9)	800	3,429	
Public Health (Schedule 10)	-	57,500	
Special Client (Schedule 11)	-	2,500	
Gabriel Dumont (Schedule 12)		7,874	
Trustee (Schedule 13)	9,202	18,165	
Total Revenues	420,088	434,432	
-11070			
ENSES	440 400	103,649	
CanSask Grant (Schedule 1)	110,199	(1990) 1992)	
KTHR Mental Health (Schedule 2)	71,744	58,589	
Nutrition Programs (Schedule 3)	30,299	35,010	
Grants (Schedule 4)	48,507	122 65	
Oasis Employment Program (Schedule 5)	111,812	133,657	
General - Wages, odd jobs, office, utilities (Schedule 8)	42,795	7,194	
General - General expenses (Schedule 8)	11,223	28,213	
Amortization	9,809	8,963	
Grocery Club (Schedule 9)	1,276	3,429	
Public Health (Schedule 10)	•	72,575	
Special Client (Schedule 11)		2,536	
Gabriel Dumont (Schedule 12)		7,874	
Trustee (Schedule 13)	9,202	18,165	
	446,866	479,854	
ESS (DEFICIENCY) OF REVENUES OVER EXPENSES	(26,778)	(45,422	

#### NIPAWIN OASIS COMMUNITY CENTRE CO-OPERATIVE LTD. STATEMENT OF OPERATIONS For the Year Ended March 31, 2012

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Page 4

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#### NIPAWIN OASIS COMMUNITY CENTRE CO-OPERATIVE LTD. STATEMENT OF CASH FLOWS For the Year Ended March 31, 2012

	\$			\$	
	2012			2011	
OPERATING ACTIVTIES		121212120			
Cash receipts		411,217		442,500	
Cash paid to suppliers and employees		(435,486)		(484,146)	
Interest received		359		132	
Cash flows from (for) Operating Activities	\$	(23,910)	\$	(41,514)	
INVESTING ACTIVITIES					
Purchase of assets				(24,500)	
Cash flows from (for) Investment Activities		-		(24,500)	
FINANCING ACTIVTIES				0.0000	
Loan proceeds		an an air		24,500	
Repayment of loan		(4,572)	_	(1,791)	
Cash flows from (for) Financing Activities	\$	(4,572)	\$	22,709	
INCREASE (DECREASE) IN CASH FLOW		(28,482)		(43,305)	
Cash - beginning of year		32,712		76,017	
CASH - END OF YEAR	\$	4,230	\$	32,712	

Page 5

T. A. JELLICOE

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#### NIPAWIN OASIS COMMUNITY CENTRE CO-OPERATIVE LTD. STATEMENT OF FINANCIAL POSITION AS AT MARCH 31, 2012

Total 2012			Total 2011		01-Apr-10	
ASSETS	-		_		_	-
Current assets:						
Cash	\$	1,366	\$	7,712	\$	51,017
Term Deposits		25,000		25,000		25,000
Accounts receivable		24,424		15,912		24,112
Prepaid expenses		2,634		4,365		4,343
		53,424		52,989		104,472
Capital assets (Note 3)		180,965	_	190,774		175,237
Total Assets	\$	234,389	\$	243,763	\$	279,709
LIABILITIES & NET ASSETS						
Bank indebtedness	\$	22,136	\$	-	\$	13
Current liabilities:		12			- 22	
Accounts payable and accrued liabilities		3,399		2,039		14,697
Payroll liabilities		5,218		4,991		5,806
GST payable		(759)		1,156		606
PST payable		482		314		624
Long term liabilities:						
Taxi loan		18,137		22,709		
Total liabilities	\$	48,613	\$	31,209	\$	21,733
Fund Balances:						
Invested in capital assets		156,465		166,274		175,237
Unrestricted		29,311		46,280		82,739
Fund Balances - Statement 2		185,776		212,554	_	257,976
Total	\$	234,389	\$	243,763	\$	279,709

APPROVED BY THE BOARD:

Sign

Director

Director

T. A. JELLICOE

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